



Leadership Under the Stars Inc

Welcome to Leadership Under the Stars Inc!

Glengarry Outdoor
Education Centre

370 Watsons Road,
Mt Tarampa Qld

Junior / Senior Camp
6 to 12 and 13 to 17 years

**IMPORTANT INFORMATION INSIDE
PLEASE READ CAREFULLY**

Dear Parents,

Welcome to our Holiday Camp! Since 2006, School Camps Qld has been bringing kids to camp from all over Australia.

School Camps Qld is the booking agent for holiday camps. The camps are run by Leadership Under the Stars Inc. which is a charity organisation that promotes children and young people to get back outdoors and enjoying life full of adventure. We are a not for profit organisation. Therefore, all costs are kept as low as possible and any profits are put back into the charity.

We have put over 14,000 children and young adults through our programs. There are many different reasons that kids come on camp:

- Fun
- Leadership
- Responsibility
- Socialisation
- Respite for both parents and children
- Break from technology
- Build confidence and self esteem
- To get outdoors
- To learn new skills
- To use their imagination
- To increase their creativity

Our camp is based on some simple values:

At Leadership Under the Stars Inc. we are committed to the outdoors, individual personal achievement, justice and wholeness.

We create an environment for your children and young people to thrive with health and vitality.

The respect our leaders have for one another and the young people is great with tolerance, acceptance and care as the foundation of their respect.

All of our leaders have been with us, first as campers themselves and then as leaders and as future leaders of our community.

We embrace each individual's qualities and characteristics and help them to develop those values through the outdoors. This includes both our campers and our leaders.

Our charity, Leadership Under the Stars Inc., helps to provide some funds to children who can't attend otherwise. Usually around 10% of our campers are sponsored. Some are foster kids, some have grandparents that raise their children's children. Some are parents from low socio-economic backgrounds. Some have disabilities and need a little extra help.

We welcome parents to give us feedback and we ask the children and young people throughout the camp to gauge their experiences and how we can improve. It takes such a wide scope of individuals to makeup our society. If each individual can give back just a few of these qualities, then what a bright future we have for our country.

Leanne Conoley – Founder of Leadership under the Stars Inc.

IMPORTANT:

Arrival to Camp

On arrival, please proceed to the
Car Park and follow the signs for registration

**Glengarry Ed Centre
370 Watsons Road, Mt Tarampa Qld**

Junior/Senior Camp Commences on:

- a. **Sunday 7th April 2024** - 3 to 4 pm
- b. Bus transport is available from Yatala
departing at 2PM - Please be there at 130pm to load baggage
BOOKINGS ESSENTIAL
- c. **Bus Transport:**
 - a. Limited seats available .The bus must be pre-booked and costs \$30pp traveling
from Yatala to Camp
 - b. The bus will depart Yatala at 2PM sharp on Sunday 7th April 2024
 - c. The bus will Yatala on Thursday 11th April 2024 at approx. 6pm depending
on traffic.
(Included in price). Pickup from Movieworld is NOT available due to luggage and
change of buses etc.
 - d. Please advise in writing who is picking up your young person and provide a
contact number for that person.

Once registration has been completed, afternoon tea will be served. Registration can be a long winded process.
Please have your child's money, medication and phone (if necessary) ready to quicken the process.

At registration, you will be asked to:

- 1. Give your childs name**
- 2. Give any medications to the registrar to be administered as per your Webster Pack
instructions**
- 3. Give any money or phones to the registrar to be looked after during camp**

We try our very best for the campers to call you. Please understand, if you contact us, text is best, you may have to wait
until your child can contact you. Children are busy. They are on activities and may not be readily available for phone
calls. They could be at the other end of the park or on a high ropes course. We do our very best to get them to call you
asap. Please be patient. We will call you asap if anything has happened such as injuries or illness.

Bedding Allocations

Parents, please note that you **MUST** advise us if your young person or young people have a
night time condition that may require urgent attention and may require your young person to be
in the same cabin or tents as one of our leaders. If your young person is, for e.g. asthmatic or
has night terrors etc. and you give your permission, we can have your young person sleep in the
same cabin as a leader. The leader will be female and hold all of the necessary qualifications to
supervise your young person or young people. **PLEASE ADVISE US IMMEDIATELY.**

- There is now a **CANTEEN** that young people will have access to throughout their stay. Our senior leader, **will hold money for the campers at registration.**

- Please make sure all students bring their own:

WATER BOTTLE, HAT & SUNSCREEN.

- Young people are responsible for applying sunscreen themselves. We will remind and check they have sunscreen on. We also have sunscreen stations located throughout the venue. **IF YOUR YOUNG PERSON CANNOT APPLY THEIR OWN SUNSCREEN, DO NOT SEND THEM TO CAMP WITHOUT SPECIAL PERMISSION.** We will not be help accountable for sunburn. This is QLD. Its hot and sunny.

**This is a camp program designed to create Community
Spirit, Survival, Responsibility,
Individual and Team Success, Respect, Determination and Motivation**

Things to tell your young person before camp:

Hygiene - Please ask your child/young person to take showers, clean their teeth and use personal hygiene items such as roll on deodorant (if needed) and female sanitary products during camp. Please ask your child/young person to ensure that they dispose of items in the correct way. All children / young people attending camp should be able to shower without assistance. **NO SPRAYS ARE ALLOWED.**

Lollies - Please ask your child to not sneak lollies into their cabins or sleeping areas. This attracts vermin and can be messy and sticky. :-)

Emotions - Children and young people can experience a range of emotions during camp. Please ask your child to let a leader know if they are feeling sad, homesick, unwell etc. We can only help what we know about. :-)

Gossip - Sometimes kids can over exaggerate things when reporting an incident to us or to you. This can often be a result of gossip. One person heard someone say something to someone and they tell someone else and so on. For e.g:

"My horse fainted", a child told her parent on the way home from camp. The horse didn't faint. It tripped over a small log. It didn't even fall down.

"One of the leaders set himself on fire!" One of our leaders does fire breathing and performed for the kids and young people.

Please feel free to call me or text or email for clarification on anything camp related. I am more than happy to talk with you.

Tantrums / Meltdowns - we have in the past had children who have had meltdowns due to ASD and PTSD etc. These can also be the result of excitement and overwhelm for some kids coming to camp. I have heard these instances called "raging". These are not rages. Please let me know if your child is prone to these so that we can use strategies to help in the best possible way.

Behaviour at Camp

All young people are expected to adhere to the rules which are: School rules apply - Please tell your young person that school rules apply.

- No running
- No swearing or foul language including jokes and references to drugs or alcohol
- Keeping personal space (no physical interaction with other people, students or leaders)
- Young people are not allowed to leave camp unless under the supervision of a leader or parent or guardian
- Bullying is unacceptable and will not be tolerated. Any bullying will be addressed immediately and the young people will be disciplined immediately. This could and probably will result in being sent home.
- Violence will not be tolerated. Lying, stealing and abuse, whether physical or verbal will not be tolerated.
- Appropriate clothing must be worn at all times. No midriiffs, no singlets, no short shorts, no high heels.
- No technology

Fighting will not be tolerated. We understand that in certain situations, young people and children become frustrated. However, if your child engages in a fight of any sort, you will be called and he or she may be sent home. You will not receive a refund. Fighting is unacceptable. Harming another person is unacceptable.

Your young person / student MUST report any incidents that occur. We CANNOT help if we don't know about the incident.

Some kids swear. We are not scouts. We are not a school. We have children from all walks of life come to camp. Some of them we meet for the first time on the first day of camp. Young people have also bought vapes to camp. All of these situations are handled.

Young people also suffer withdrawal from technology. This is a REAL thing. It may cause them to be teary or have anxiety. Again, we handle this.

If you think your child is not capable of handling these situations and reporting them, then please do not send your child to camp.

Depending on the severity of the issue, a first warning is issued. Discipline will include 'time out' and increasing responsibilities such as dish duty, cleaning and yard duty such as picking up litter.

If a second warning is issued, the parent is called and appropriate action is discussed.

At Leadership Under the Stars Inc we use a time out system, similar to some schools. If a child receives a 2nd warning, you will be called and they are sent home. No refunds are issued for bad behaviour. Please ensure your child understands the rules of camp before arrival. This is to keep all campers safe and having fun.

What to Pack For a Standard 5-Day Camp

ALL ITEMS MUST BE NAMED. WE ARE NOT RESPONSIBLE FOR LOST PROPERTY. DO NOT SEND ANY SENTIMENTAL OR SPECIAL ITEMS TO CAMP. Things happen. Things get lost. Kids mix up their belongings.

PACKING ESSENTIALS:

- Torch
- Water Bottle
- Hat
- Sun Screen
- Insect Repellent - **NO AEROSOLS**
- Toiletry bag plus 1 bath towel
- Personal medication (to be handed into Senior Leader)
- Sleeping bag, fitted sheet and **pillow AND TOWEL**
- 6 complete changes of clothes - Please pack clothing that is for camping and hiking and getting muddy.
- Underwear and socks for every day plus 1 extra pair of each
- Extra warmer clothes for evenings
- Bathers/swimmers and a beach towel
- 2 pairs of enclosed shoes and an additional 'wet' pair to wear for wet activities
- Sleeping attire
- Rain Coat
- If camping (seniors) please bring sleeping mat, back pack (can be a day pack similar to what they take to school).

ALL MEDICATIONS NEED TO BE WEBSTER PACKED AND LABELLED CLEARLY AND CORRECTLY. THIS CAN BE DONE AT YOUR NORMAL PHARMACY.

IF STUDENTS DO NOT HAVE HATS / WATER BOTTLES AND SUNSCREEN, THEY WILL NOT BE ALLOWED TO JOIN IN ACTIVITIES. WE CAN PROVIDE NEW HATS FOR A COST, WHICH WILL BE CHARGED FOLLOWING CAMP. SO PLEASE ENSURE THEY HAVE THESE AND THAT THEY ARE CLEARLY LABELLED.

Winter

- Jacket, gloves, slippers
- Plenty of warm clothes
- Inner sheet for sleeping bag or extra bedding
- Beanie
- Scarf
- Warm flannel PJs

Leaders

We have four sets of Leaders at Leadership under the Stars Inc.:

- 4 Senior Fully Qualified Leaders - Instructors/ Group Leaders
- 1 Medical Personnel and 1 Assistant
- 3 Activity Instructors - Craft/Performance/Laser Skirmish
- 6 Cabin Leaders for each cabin (Junior Leaders completing our Leadership Program)
- Volunteers

In total we have approximately 12 to 18 staff in each camp depending on the number of attendees.

This works to a ratio of 1 leader for every four attendees.

Leaders have varying qualifications from university degrees, to high school senior students who are on our Leadership Program. All of our leaders have attended camps as campers. All are under strict guidelines and have the necessary checks such as Blue Cards, First Aid and Bronze medallions.

NDIS: We have support workers to assist with NDIS participants. Hence the increase in price for NDIS participants.

**LOST PROPERTY:
WE KEEP LOST PROPERTY AND
PUT IT OUT ON THE DAY OF DEPARTURE.
PLEASE DO NOT SEND EXPENSIVE CLOTHING OR ITEMS TO CAMP.**

Children misplace things all the time. They are busy and excited. It is best that you give them older clothes or clothes you don't mind them maybe losing.

We are not responsible for the loss of items at camp. Any lost property not collected on departure is donated to our charity collection for future camps.

On departure, check your child's luggage and bags to ensure they have everything. Please understand we have up to 80 children during camp and trying to keep track of lost shoes or socks or other items is near impossible for our team members.

Cancellation Policy

**Cancellations to any kids camp bookings will not be refunded or altered in any way. If outside forces lead to camp being postponed, your payment for camp will also be postponed to the following camp.
If you have any further questions please call our office on 0413 631 046**

COMPLAINTS: I will happily handle complaints that are of a constructive nature. Please be aware that should you complain, you will be rostered to volunteer on our next camp. :-)

First Aid

Instructors will carry small First Aid Kits to all activities and act in accordance with the legal requirements set out by Queensland Ambulance guidelines. We have a comprehensive first aid kit. However, if a serious incident occurs, our call to action is an ambulance.



Instructors and leaders carry mobile phones and radios at all times and phones are located in the kitchen and the staff quarters for emergency phone calls.

We do not rely on mobile phones to receive calls. We have a landline we use for emergencies.

- Permanent Leadership Under the Stars staff hold current First Aid Level 2 qualifications and Bronze Medallions
- Leadership Under the Stars staff will be responsible for the technical safety and first aid of campers during activity sessions run by SCQ.
- An area has been set aside for first-aid in the dining room.
- A Leadership Under the Stars first-aid kit is available for emergency use upon request. Groups will be billed for bandages etc.
- A copy of the Emergency Procedures is available on the main noticeboard and in every hut. There is a telephone for emergency calls in the office. Emergency numbers are pinned to the wall near the telephone.

If your child gets sick:

We will call you as soon as we are made aware that your child is sick or has been sick or is not feeling well. Most illnesses will come from other children on camp. Therefore please **DO NOT** send your child on camp if they have been sick within the last 24 hours before arriving. Camp is **not** like school. As much as we try our very best for the children to use strict hygiene, they are eating together, sleeping in the same quarters, using the bathroom and showers, 24 hours per day for up to 6 days.

We follow very strict guidelines for food safety and work place health and safety.

Secretary - Leanne Conoley **0413 631 046**

Police/Fire/Ambulance Mobile **000**

call Police Fire ambulance 112

Poisons Information 13 11 26