Curriculum activity risk assessment **Swimming, Recreation**

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Activity scope

This document relates to student participation in Recreational Swimming as a curriculum activity. These guidelines relate to regular sized classes. This activity could be conducted in a variety of locations, including dams, creeks, estuaries, beaches and pools.

Risk Level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- What will the students be doing?

- Where will the students be?
- Who will be leading the activity?

• What will the students be using?

Inherent risk level			Action required / approval		
	High	Likely chance of a serious incident and injury requiring medical treatment	 A Curriculum Activity Risk Assessment must be completed. Principal or delegated Deputy Principal or Head of Program (i.e. HOD, HOSES, HOC) to review and approve risk assessment. Obtaining parental permission is recommended. Once approved, activity details are to be entered into the School Curriculum Activity Register. 		

Teachers/leaders:							
Activity description:	Activity description:						
Start date:	Finish date:	No of students (approx.):					
Class groups:		Supervision ratio (approx.):					



Uncontrolled copy. Refer to *HLS-PR-012: Curriculum Activity Risk Management* at <u>http://education.qld.gov.au/strategic/eppr/health/hlspr012/</u> for master.

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Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

At least two adults are to be present.

In determining whether additional adult supervision is required, consider:

- Size, depth and shape of the pool or water environment
- water conditions; visibility, beach conditions, creek, currents etc
- lines of sight in and around the water
- age and number of students
- swimming ability and specific needs of students e.g. behaviour
- nature of the swimming activity
- features of the venue e.g. recreational equipment such as dive towers slides, flotation devices, inflatables etc

If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. <u>Blue Card</u> requirements **must** be adhered to.

At least one adult must hold the minimum qualifications as outlined below, under Minimum Qualifications
At least one adult must be ready at all times to enter the water to assist a student. At no time should an
adult leader rely solely on students to effect the recovery of a swimmer in difficulty.

Lifeguard/lifesaving service on duty if at a beach

Further information:

Minimum qualifications					
	The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.				
	At least one adult present has current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or immediate access to first aid facilities, including qualified personnel.				
	In circumstances where one person holds both the Bronze Medallion and CPR qualifications and is involved in an emergency situation another adult present will be required to ensure students exit the water safely and manage effective supervision of students.				
	Blue Card requirements met.				
For the	adult leading the activity:				
	Bronze Medallion or equivalent				
	OR				
	Swim Australia™ Teacher, Swim Australia™ Teacher of Competitive Swimming; Swim Australia™ Teacher of Learners with Disability, Bronze Silver or Gold Coaching Licence				
	OR				
	Certificate of the Australian Council for the Teaching of Swimming and Water Safety. Please refer to the <u>AUSTSWIM</u> website for further information				

Minimum qualifications						
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.						
OR						
competence (demonstrated ability) in the <i>teaching</i> of recreational swimming.						
A teacher could demonstrate their competency through their:						
knowledge of the activity and the associated hazards and risks						
experience (i.e. previous involvement) in undertaking the activity						
demonstrated ability and/or expertise to undertake the activity						
possession of qualifications related to the activity.						
Further information:						

Minimum equipment/facilities				No			
First aid kit suitable for activity							
Communication system:	phone-line at location	mobile phone					
Communication system:	🗌 walkie talkies/UHF radio	student/adult mes	ssenger				
Other:							
Sun safety equipment (hat, su	inscreen, shirt etc)						
Drinking water (students shou	ld not share drinking containers)						
Enclosed sand-shoes when s	wimming in natural water areas						
Whistle							
Flotation and reaching aids (F with a float attached.)							
Schools should seek confirma conditions advice, emergency qualifications of supervisory p							
Further information:							

Governing bodies/associations	Yes	No
Guidelines/codes of practice are established for this activity. See <u>Get Active Queensland;</u> <u>Swim Australia;</u> <u>Royal Life Saving;</u> <u>AUSTSWIM</u> Australian Swimming Coaches and Teachers Association		
Have these been considered during the planning of this activity?		
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks		Control measures	Yes	No	Implementation plan / Additional controls
 Animal bites/diseases Stone fish Other aquatic animals 	•	Ensure everyone always wears enclosed footwear with thick soles when swimming in creeks, dams, estuaries etc. due to possible presence of stonefish. – STINGS CAN BE FATAL – Refer to: <u>Australian</u> <u>Institute of Marine Sciences –</u> <u>Stone Fish</u> . For information on other dangerous marine animals within Australia, refer to <u>Australian Institute of Marine</u> <u>Sciences</u> .			
	0	Adhere to the <u>Surf Life Saving</u> <u>Queensland Marine Stinger</u> <u>Risk Management Guidelines</u> .			
	0	Adhere to <u>HLS-PR-004:</u> Infection Control and Management of Prescribed Contagious Conditions.			
Environmental	•	Consider the use of goggles.			

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
 conditions Temperature Weather 	 Assess weather conditions before and during activity (e.g. temperature, storms). 			
conditionsWater visibilityRips	 Obtain advice from lifeguards or club members about local conditions and potential hazards. 			
	 Cease activities where conditions are unfavourable or where beaches have been closed by lifeguards. 			
	 Ensure that appropriate sun safety equipment is used. 			
Heights/falling objects Jumping/ diving off banks, cliffs etc. 	 Ensure that the Board of Swimming Australia Pool Depth guidelines are followed: less than 0.9 metre – no dives 0.9 metre to less than 1 metre – concourse dive (providing concourse is not more than 0.2 metre above the water surface) 1 metre to less than 1.2 metres – concourse or platform dive (providing concourse or platform is not more than 0.4 metre above the water surface) 1.2 metres or more – platform dive (as long as the platform is not more than 0.75 metre above the water surface). Check depth of water. Check for logs and other debris under surface. Consider not allowing jumping/diving. 			
Physical exertionStrains, sprains	Have appropriate warm-up and warm-down activities.			
Fatigue and exhaustion	Have ice packs available.			
	 Follow progressive and sequential skills development. 			
	 Continuously monitor students for signs of fatigue and exhaustion. 			

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Students Special needs High risk 	Obtain parental permission, including relevant medical information.			
 behaviours Medical conditions Student numbers 	When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are available (insulin, Ventolin®, Epipen®, etc.)			
	 Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents. 			
	 Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers. 			
	Ensure there is adequate adult supervision.			
VehiclesBoats, cars	Constantly monitor surroundings for presence of vehicles.			
 Water Risk of drowning Quality of water 	Check with local council for presence of water contaminates (blue-green algae etc.) and other dangerous organisms (stonefish, blue-ring octopus, crocodiles etc.)			
	Adopt signals for assistance required.			
	 Assess students' ability to swim. If non-swimmers are involved in the activity, adhere to the <u>Learn to Swim</u> guideline. 			
	• Ensure that there is at least one adult outside water at all times, ready to perform rescue if required. The number of adults required will depend on student numbers.			
	 Constantly monitor students. Adhere to <u>Guidelines For</u> <u>Managing Risks in</u> Recreational Water. 			

Additional control measures

These would relate to the specific student needs, location and conditions in which you are conducting your activity.

Hazards/risks	Control measures

Submitted by:	Date:
List the names of those who were involved in the preparation of this risk assessment.	

Approval				
	Approved as submitted.			
	Approved with the following condition(s):			
	Not approved for the following reason(s):			
By:		Designation:		
Signed:		Date:		
Once approved, activity details should be entered into the <i>Activity Register</i> by administrative staff.		School Curriculum	Reference no.	

Monitor and review To be completed during and/or after the activity and/or at the completion of the series of activities.	Yes	No
Are the control measures still effective?		
Have there been any changes?		
Are further actions required?		

Details:

Important links

- SCM-PR-002: School Excursions
 <u>http://education.qld.gov.au/strategic/eppr/schools/scmpr002/</u>
- HLS-PR-003: First Aid
 <u>http://education.qld.gov.au/strategic/eppr/health/hlspr003/</u>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
 <u>http://education.qld.gov.au/strategic/eppr/health/hlspr004/</u>
- Infection Control Guideline <u>http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf</u>
- HLS-PR-005: Health and Safety Incident Recording and Notification <u>http://education.qld.gov.au/strategic/eppr/health/hlspr005/</u>
- HLS-PR-013: Developing a Sun Safety Strategy
 <u>http://education.qld.gov.au/strategic/eppr/health/hlspr013/</u>
- HRM-PR-010: Working with Children Check Blue Cards http://education.gld.gov.au/strategic/eppr/hr/hrmpr010/
- Get Active Queensland Accreditation Program
 <u>http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditation
 Program/Courseinformation.aspx
 </u>
- Swim Australia http://www.swimaustralia.org.au/
- Royal Life Saving <u>http://www.royallifesaving.com.au/www/html/7-royal-life-saving-website-home-page.asp</u>
- AUSTSWIM http://www.austswim.com.au/
- Swimming Australia
 <u>http://www.swimming.org.au/</u>
- Australian Swimming Coaches and Teachers Association
 <u>http://www.ascta.com/</u>
- Swimming Queensland http://www.qld.swimming.org.au/

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to <u>HLS-PR-012 Managing Risks in Curriculum Activities</u> and the associated list of <u>Curriculum Activity Risk</u> <u>Assessment Guidelines</u>. (See: http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html) For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.